

CANADIAN OBSTACLE RACE FITNESS INC. RELEASE AND WAIVER OF LIABILITY
AND
INDEMNITY AGREEMENT FOR ADULTS AND MINORS

In consideration of being permitted to enter Canadian Obstacle Race Fitness Inc. (Hereinafter called Cor.Fit) for any purpose including, but not limited to observation, use of facilities or equipment, and or participation in any way, the undersigned hereby agrees to the following:

I release Cor.Fit, its directors, officers, employees and volunteers (collectively "Releasees") from all liability to me for any loss or damage to property or injury or death to person, whether said damage or injury results from conditions arising upon the Cor.Fit facilities or arising out of or in connection with Cor.Fit programming or activities. Cor.Fit shall not be liable for any damages arising from any act or neglect of any other member, occupant or user of the Cor.Fit premises or participant in Cor.Fit programs or activities. I assume full responsibility for, and risk of, bodily injury, death or property damage except if caused or due to the gross negligence or willful misconduct of Cor.Fit.

I agree not to sue Releasees for any loss, damage, injury or death described above and except for Cor.Fit's gross negligence or willful misconduct, I will indemnify, protect, defend and hold harmless Cor.Fit and its Releasees from and against any and all claims and/or damages, liens, judgments, penalties, attorneys' and consultants' fees, expenses and/or liabilities arising out of, involving, or in connection with, the Cor.Fit membership, use of Cor.Fit facilities and/or participation in Cor.Fit programs by me, or any other person.

I have full knowledge of the nature and extent of the risks involved in using Cor.Fit facilities and equipment, I voluntarily assume full responsibility for, and risk of, bodily injury, and death or property damage due to the negligence of Releasees or otherwise. I/We acknowledge that the Minor is physically able and mentally prepared to participate in all activities as described in the announcement for Cor.Fit programming, and know of no medical or health reasons why the Minor should not participate in Cor.Fit activities.

I authorize and/or I/We authorize Cor.Fit, for myself and as agent for the said minor, consent to administer any first aid deemed necessary, and in case of serious illness or injury, give permission to request for medical and or surgical care, and or required medical transport to a medical facility deemed necessary. I/We understand that Cor.Fit is not responsible for costs incurred for medical care.

I acknowledge and consent that photographs and audio/video recordings of my and/or as agent for said minor's, participation and or spectating in Cor.Fit facilities, or programming and activities in connection with Cor.Fit, may be taken for teaching purposes, and for use in advertising/marketing, including but not limited to social media, now and in the future. I also agree to receiving email reminders, notifications, newsletters and other promotional information from Cor.Fit and understand I can opt out to receiving the aforementioned at any time in the future.

I/We acknowledge and consent that data may be collected on my, and/or as agent for said minor's, physical development and communicated externally to my guardians, coaches, sport organizations,

sport bodies and/or school/educators. This data may also be used for the purposes of academic and professional research and teachings, including but not limited to publications and conference presentations. No personal information, such as names, will be used in any publications unless express consent is given.

I/We, the undersigned parent/person(s) having legal custody/guardianship of the below said Minor, give permission for the Minor to enter Cor.Fit facility(ies) for observation, use of facilities and/or equipment, or participation of the above in any programs, events or other activities at Cor.Fit

I/We understand and agree to abide by all other Cor.Fit policies with respect to payments, contracts, programs/sessions and codes of conduct. Moreover, I/We hereby authorize acknowledge and consent to receiving communications of any nature from Cor.Fit, now and in the future, such as but not limited to emails, newsletters, phone calls, etc.

I/We acknowledge that (i) I/We have read this document, (ii) I/We have inspected the Cor.Fit facilities and equipment, (iii) I/We accept them as being safe and reasonably suited for the purpose intended and (iv) I/We voluntarily sign this document on behalf of myself and or said minor.

_____		_____	
Name (please print)		Birthdate (dd/mm/yy)	
_____		_____	
Minor's Name (please print)		Birthdate (dd/mm/yy)	
_____		_____	
Legal Guardian Name (please print)		Birthdate (dd/mm/yy)	

Address			
_____		_____	_____
City		Province	Postal Code
_____		_____	
Contact #		Email Address	
_____		_____	
Emergency Contact Name		Emergency Contact #	

Intending to be legally bound I have signed this RELEASE AND WAIVER OF LIABILITY this _____ day, of _____, 20____.	

Name (please print)	Signature